

Overview of the Arts and Health Sector in Australia

The author of this bibliography acknowledges the work of 'Strategy Options in Arts and Health' May 2007, prepared for the Australia Council for the Arts by the Faculty of Architecture, Building and Planning The University of Melbourne; Program Evaluation Unit, School of Population Health The University of Melbourne; and Brotherhood of St Laurence.

Overview of the arts health sector in Australia, England and United States in 2009

Wreford, G 2009, The state of the arts and health in Australia, *Arts Access Australia, Arts and Health*, vol. 2, no. 1 March 2010, pp. 8-22.

Wreford describes 40 years of community arts and mental health activity in Australia, identifying peaks of activity coinciding with federal labour governments and the establishments of four independent health promotion agencies from the late 1980s. National approaches to supporting arts and health practice, data sources, current research and evaluation, and advocacy challenges are explored.

Clift, S, Camic, PM, Chapman, B, Clayton, G, Daykin, N, Eades, G et al 2009, The state of arts and health in England, *Arts and Health Journal for Research, Policy and Practice*, vol. 1, pp. 6 –35.

Clift et al examine developments in practice, research and policies through five features of the arts and health sector in England: the scale of the sector, regional variations, mapping of arts and health initiatives, recent conferences and symposia, and the role of key agencies supporting arts and health initiatives. Arts and health research activities included are: retrospective, qualitative and quantitative, experimental, economic, systemic reviews, theory development, dedicated arts and health research centres, and research programs.

Sonke, J, Rollins, R, Bradman, R & Graham-Pole, J 2009, The state of the arts and healthcare in the United States, *Arts and Health: An International Journal of Research, Policy and Practice*, vol. 1, no. 2, pp. 107 -135.

The authors describe the development and current state of the arts in healthcare in the United States through practice, research, and educational structures. Practice includes types of programs, recent field assessments, geographic spread, funding mechanisms, and organisation. Research includes evaluations, economic studies, theoretical frameworks, and centres that support field research. Educational structures include education and training standards, programs conducted by universities and non-academic organisations, and the role of the arts and humanities sectors in the education of health professionals.

Key organisations and websites - Australia

Disability focus

Arts Access Australia

Arts Access Australia is the national body representing a dynamic network of State and Territory arts and disability organisations and individuals. Each of the following organisations works to increase access and participation in the arts for people with disabilities in their State or Territory.

- Accessible Arts NSW <www.aarts.net.au>, viewed 24 September 2010.
- Arts Ability ACT <www.actartsofficers.org.au> Canberra Arts Access Network <www.generate.net.au>, viewed 24 September 2010.
- Arts Access Central Australia <<http://inciteya.org.au/?section=artsaca>>, viewed 24 September 2010.
- Arts Access Darwin <www.darwincommunityarts.org.au/node/30>, viewed 24 September 2010.
- Access Arts QLD <www.accessarts.org.au>, viewed 24 September 2010.
- Arts Access SA <http://www.australiacouncil.gov.au/the_arts/artists_and_orgs/artists/arts_access_sa>, viewed 24 September 2010.
- Arts Access Victoria <www.artsaccess.com.au>, viewed 24 September 2010.
- Arts Action Tasmania <<http://www.artsaccessaustralia.org/index.php?page=arts-action-tasmania>>, viewed 24 September 2010.
- Disability in the Arts, Disadvantage in the Arts, Australia WA <www.dadaawa.org.au>, viewed 24 September 2010.

Music focus

Music Council of Australia (MCA)

The council provides information and organises research, advocacy and projects to advance music and musical life in Australia and the world.

<<http://www.mca.org.au>>, viewed 24 September 2010.

Music Health Australia

Music Health Australia is a collective of people who provide music and health services to benefit individuals, and communities. They consider broad perspectives and tailor creative solutions to people in particular environments by encouraging problem solving, innovation and development of services.

<<http://www.musichealth.com.au>>, viewed 24 September 2010.

Policy and research focus

ArtsHealth Centre for Research and Practice, University of Newcastle

The *Australasian Journal of ArtsHealth* is published by the centre. ArtsHealth connects the humanities and creative arts, health, medicine, science and wellbeing. The ArtsHealth Centre for Research and Practice brings together academic research in the creative arts with that of the social sciences, sciences, humanities, education, architecture and medicine. It focuses on studies that investigate and promote

community health and public and community-based arts, and the development of culturally rich and sustainable social environments.

Their research covers:

- humanities, creative arts and medical science
- creativity, culture, community and wellbeing
- practice-based research.

<<http://www.newcastle.edu.au/research-centre/artshealth/>>, viewed 24 September 2010.

Australian and New Zealand Art Therapy Association

ANZJAT, the Australian and New Zealand Journal of Art Therapy is a peer-refereed journal published annually by the association.

<<http://www.anzata.org>>, viewed 24 September 2010.

Centre for Medical Humanities, Sydney University

The centre offers a Graduate Certificate, Graduate Diploma and Master of Medical Humanities for students interested in the social, cultural, historical, philosophical and ethical contexts of medicine and health care. Students may have backgrounds in medical or health professions or those of the arts, social sciences or humanities.

<<http://sydney.edu.au/medicine/humanities>>, viewed 24 September 2010.

UNESCO Observatory

The UNESCO Observatory brings together people with shared interests in the arts and encourages activities that cross professional boundaries, drawing on the expertise of national and internationally recognised researchers. The Observatory's focus includes architecture; physical, natural, social and health sciences; wellbeing, culture and heritage; arts practice; education in the arts; community arts practice; philosophy and ethics; and research and program evaluation.

<<http://www.abp.unimelb.edu.au/unesco/>>, viewed 24 September 2010.

VicHealth

The Victorian Government aims to promote health by fostering changes in social, economic, cultural and physical environments. Raising awareness is important to achieve change for individuals and the community and they aim to increase opportunities for people to be informed, learn new skills, undertake activities that promote good health, and share healthier environments.

<<http://www.vichealth.vic.gov.au/en.aspx>>, viewed 24 September 2010.

World Health Organisation (WHO)

The work of the WHO in addressing the social determinants of health is crucial to the development of the Australian arts and health sector. As stated by the WHO, the social determinants of health are the circumstances in which people are born, grow up, live, work and age, and the systems put in place to deal with illness. These circumstances are in turn shaped by a wider set of forces: economics, social policies, and politics.

http://www.who.int/social_determinants/thecommission/finalreport/en/index.html,

viewed 27 September 2010 4

Key organisations and websites - International

Key international journal

International Journal of the Creative Arts Interdisciplinary Practice (IJCAIP)

IJCAIP was established in 2006 as an international and interdisciplinary peer reviewed open access journal. They aim to publish, disseminate and make accessible worldwide quality information, research and knowledge about the creative arts in health and interdisciplinary practice.

<<http://ijcaip.com/>>, viewed 24 September 2010.

Journal of Applied Arts and Health

The journal serves a wide community of artists, researchers, practitioners and policy-makers interested in the effectiveness of the interdisciplinary use of arts in health and arts for health.

<<http://www.intellectbooks.co.uk/journals/view-Journal>>, viewed 24 September 2010.

Peak body

Arts for Health, Manchester Metropolitan University

Arts for Health at Manchester Metropolitan University, is the UK's longest established arts and health organisation that specialises in research, advocacy and development. It works with Arts Council England, the Department of Health and a range of partners to better understand the impact of creativity, culture and the arts on health and well-being.

<<http://www.artsforhealth.org/>>, viewed 24 September 2010.

Canadian Arts Health Network

The Network is a non-profit society in the process of being established in late 2010. Funding for their start-up period was provided by 2010 Legacies Now.

<<http://www.artshealthnetworkcanada.com/>>, viewed 24 September 2010.

London Arts and Health Forum (LAHF)

LAHF undertook a national survey to map arts in health activity across England. The results form the central component of the new national UK website for arts in health to be found at <<http://www.cultureandwellbeing.org.uk>>. The database includes organisations and individuals which provide arts in health activities and is a resource for health providers across the country.

<<http://www.lahf.org.uk/>>, viewed 24 September 2010.

The Society for the Arts in Healthcare, US

The society works in partnership with the Centre for Arts in Healthcare Research & Education, University of Florida. This site provides a comprehensive review of literature focusing on arts in healthcare with strong representation of arts practice with clinical outcomes.

<<http://www.thesah.org/resources/research.cfm>>, viewed 24 September 2010.

Policy and funding

Arts Council Ealaion (Ireland)

The council is the government agency responsible for funding, developing and promoting the arts in Ireland and has produced *A Summary Policy Paper: Arts and Health (2005)* and *The Arts and Health Handbook: a practical guide*.

<<http://www.artscouncil.ie>>, viewed 24 September 2010. 5

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http://www.who.int/social_determinants/thecommission/finalreport/en/index.html,

viewed 27 September 2010

Research and practice

ArtsCare, Northern Ireland

Arts Care works in partnership with Health and Social Care Trusts throughout Northern Ireland to make all forms of art accessible to patients, clients, residents and staff. Those who participate have the opportunity to experiment with forms of expression not usually available to them.

<<http://www.artscare.co.uk>>, viewed 24 September 2010.

Centre for Medical Humanities Durham University, UK

The centre addresses specific research enquiries arising within Medical Humanities as a field and integrates them to explore the role that medical knowledge does, or should, play in shaping conceptions of human flourishing.

<<http://www.dur.ac.uk/cmh/medicalhumanities/>>, viewed 24 September 2010.

Music Research Institute, UK

The institute aims to show how music can enhance human experience by: creating opportunities for and encouraging research in learning, healing and working; publishing articles and papers and papers and maintaining a database of relevant research on the benefits of music and its processes.

<<http://www.mri.ac.uk/>>, viewed 24 September 2010.

Sidney de Haan Research Centre for Arts in Health, Canterbury University UK

The centre researches the contribution of music and other participative arts activities in promoting the wellbeing and health of individuals and communities. It publishes *Arts and Health - An International Journal for Research, Policy and Practice* in association with the Society for the Arts in Healthcare and links to arts and health organisations.

<<http://www.canterbury.ac.uk/centres/sidney-de-haan-research/>>, viewed 24 September 2010.

Waterford Healing Arts Trust, Ireland

In conjunction with the Centre for Medical Humanities at Durham University, the Trust has produced the publication: *Participatory Arts Practice in Health Care Contexts*.

<<http://www.waterfordhealingarts.com/>>, viewed 24 September 2010.